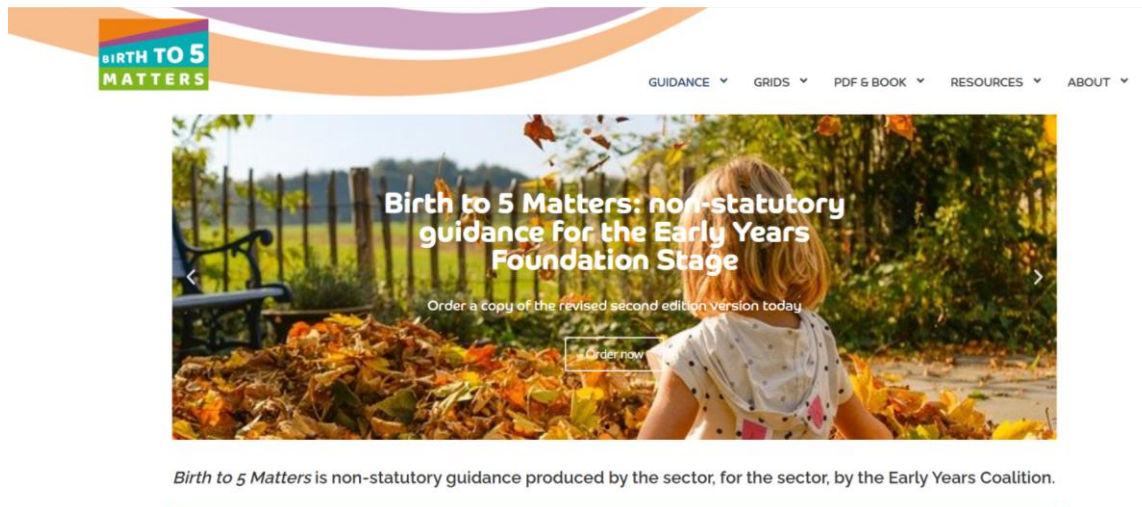
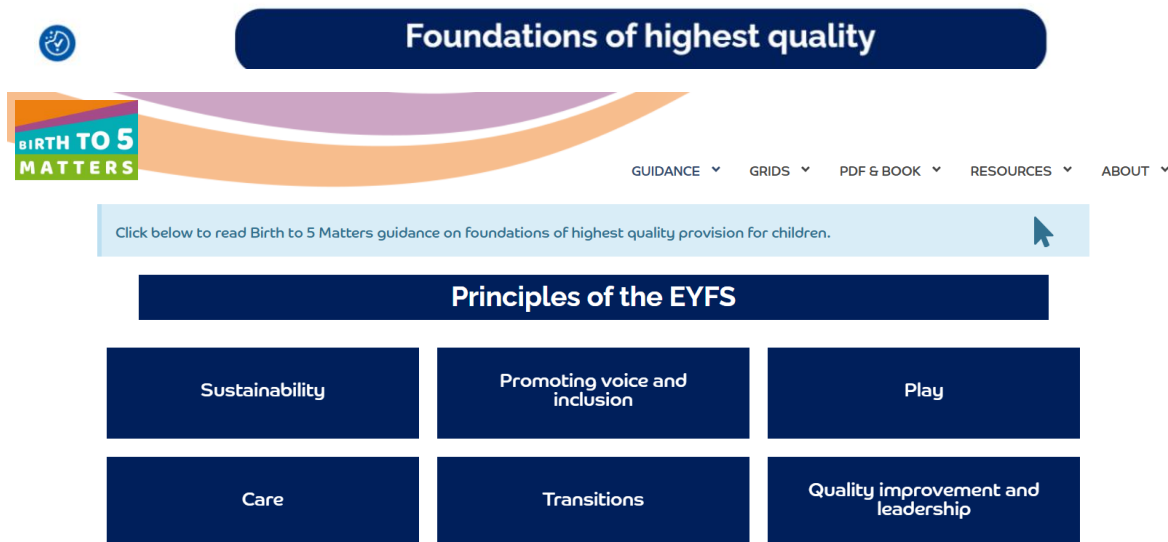


Useful Early Years websites and links

Updated Birth to 5 Matters document July 2026



The screenshot shows the homepage of the Birth to 5 Matters website. At the top left is the 'BIRTH TO 5 MATTERS' logo. To the right is a navigation menu with links: GUIDANCE, GRIDS, PDF & BOOK, RESOURCES, and ABOUT. The main banner features a photograph of a young child in a park, with the text 'Birth to 5 Matters: non-statutory guidance for the Early Years Foundation Stage' and 'Order a copy of the revised second edition version today'. Below the banner, a text line states: 'Birth to 5 Matters is non-statutory guidance produced by the sector, for the sector, by the Early Years Coalition.'



This screenshot displays the 'Foundations of highest quality' section of the Birth to 5 Matters website. It includes the same logo and navigation menu as the previous image. A light blue banner contains the text: 'Click below to read Birth to 5 Matters guidance on foundations of highest quality provision for children.' Below this is a dark blue header 'Principles of the EYFS' followed by a grid of six dark blue boxes: Sustainability, Promoting voice and inclusion, Play, Care, Transitions, and Quality improvement and leadership.



[Birth To 5 Matters – Guidance by the sector, for the sector](#)

Screen use by children aged under five: independent report

Early Years Screen Time Advisory Group

[Screen use by children aged under five: independent report](#)

[Home](#) >

Screen time guidance for under 5s

Juggling family life and raising children in a digital world can be challenging. Find out more about how to support healthy screen habits for children under 5.

Last updated: 29 June, 2026

[Baby and toddler screen time guidance - Best Start in Life](#)

SUSTAINABILITY



[GUIDANCE](#) ▾ [GRIDS](#) ▾ [PDF & BOOK](#) ▾ [RESOURCES](#) ▾ [ABOUT](#) ▾



Key Points

- All aspects of sustainability are interconnected, and sustainability is promoted by attention to all aspects.
- Sustainability provides a platform for children take action and show agency, and to become architects of their own environments over time.
- Working together is a core aspect of sustainability.
- Early years education is the starting point for developing environmental stewardship and social responsibility.
- Sustainable practices in early years provision are founded on the development of an ethos of love, deep respect and care for the self, each other and the wider world.
- Educators need to present sustainability in developmentally appropriate and hopeful ways, ensuring children feel empowered rather than overwhelmed.
- Sustainability thinking is clearly woven through the EYFS principles.

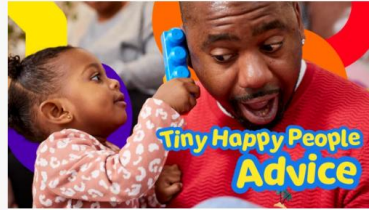
[Learn more -
Resources](#)



Activities

Simple, fun and free activities to try with your baby. Just select the age of your child.

[CBeebies Parenting](#)



Tips and advice

Experts and parents give their advice on language learning and child development.



Child development and milestones

Learn about your child's brain and how they understand the world.

FEATURED

"Love needs no words" - Communicating when your child doesn't speak

Tools for talking

The best techniques for language development at each age or stage.



Tools for Talking 0-3 months: Getting face to face

Do you know babies learn so much from your face? The best thing you can do when talking to a newborn baby is to get up close and make eye contact with them. Watch the video on our page to find out why.

[CBeebies Parenting](#)



Tools for Talking 3-6 months: Mini-conversations

[CBeebies Parenting](#)



Tools for Talking 6-9 months: Responding to babble

[CBeebies Parenting](#)



Tools for Talking 9-12 months: Tuning into interests

[CBeebies Parenting](#)



Tools for Talking 12-18 months: Following baby's lead

[CBeebies Parenting](#)



Tools for Talking 18-24 months: Expanding on words

[CBeebies Parenting](#)



Tools for Talking 2-3 years: Building sentences

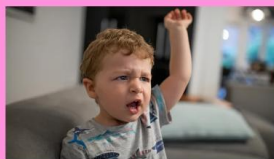
[CBeebies Parenting](#)

Tips and support for parents



Seven tips to help you manage health anxiety around your child

[CBeebies Parenting](#)



What are the Terrible Twos and how can parents deal with them?

[CBeebies Parenting](#)



Should I be worried my child isn't talking?

[CBeebies Parenting](#)



Soothing sleep support with Vegesaur

[Vegesaur](#)

