



HAYES MEADOW PRIMARY SCHOOL
ONLINE SAFETY KNOWLEDGE AND SKILLS



Unit 1 – Self Image and Identity –

Taught through PSHE curriculum (Me in the World)

Reception	Year 1	Year 2	
<ul style="list-style-type: none"> Name and recognise uncomfortable, embarrassed, and upset emotions. Recognise, online or offline, that anyone can say 'no thank you' / 'please stop' / 'I'll tell' / 'I'll ask' to somebody who makes them feel sad, uncomfortable, embarrassed or upset. 	<ul style="list-style-type: none"> Recognise, online or offline, that anyone can say 'no' / 'please stop' / 'I'll tell' / 'I'll ask' to somebody who makes them feel sad, uncomfortable, embarrassed or upset. Recognise that there may be people online who could make someone feel sad, embarrassed or upset. If something happens that makes you feel sad, worried, uncomfortable or frightened, to give examples of when and how to speak to a trusted adult and how they can help. 	<ul style="list-style-type: none"> Explain how other people may look and act differently online and offline. Give examples of issues online that might make someone feel sad, worried, uncomfortable or frightened; give examples of how they might get help. 	
Year 3	Year 4	Year 5	Year 6
<ul style="list-style-type: none"> Explain what is meant by the term 'identity'. Explain how people can represent themselves in different ways online. Explain ways in which someone might change their identity depending on what they are doing online (e.g. gaming, using an avatar, social media) and why. 	<ul style="list-style-type: none"> Explain how my online identity can be different from my offline identity. Describe positive ways for someone to interact with others online and understand how this will positively impact on how others perceive them. Explain that others online can pretend to be someone else, including my friends, and suggest reasons why they might do this. 	<ul style="list-style-type: none"> Explain how identity online can be copied, modified or altered. Demonstrate how to make responsible choices about having an online identity, depending on context. 	<ul style="list-style-type: none"> Identify and critically evaluate online content relating to gender, race, religion, disability, culture and other groups and explain why it is important to challenge and reject inappropriate representations online. Describe issues online that could make anyone feel sad, worried, uncomfortable or frightened. Know and give examples of how to get help online and offline. Explain the importance of asking until I get the help needed.