

'The Hub' Sensory Group autumn 1 2026

Our topic this term is My Senses!



The first half term focuses on helping our children feel safe, secure and regulated as they transition into school following the summer holiday. The priority is to develop trusting relationships with familiar adults, establish predictable routines, encourage communication of basic wants and needs, and support children to engage in shared sensory experiences. Learning is centred around the children's own bodies, families and five senses, using highly motivating sensory activities, repetition, music and play to develop communication, interaction, regulation and independence.

Our key texts this half term will be



Below outlines how the topic links to the EYFS curriculum.

COMMUNICATION & LANGUAGE we will be

- Establishing consistent daily routines using visual timetables, object cues, now/next boards and Makaton.
- Modelling and repeating key Makaton signs throughout every activity.
- Introducing and revisiting core communication signs: more, help, mum, dad
- Encouraging children to respond to and recognise their own name.
- Introducing close family names using photographs - e.g. mum, dad.
- Developing communication through Intensive Interaction.
- Encouraging anticipation during familiar songs and routines.

PERSONAL, SOCIAL & EMOTIONAL DEVELOPMENT we will be

- Building secure relationships with familiar adults.
- Developing confidence in the classroom.
- Ensuring that all children feel safe within predictable routines.
- Developing tolerance of being alongside peers.
- Beginning to engage in short shared activities.
- Developing emotional regulation through sensory support.
- Exploring favourite sensory activities independently and with others.
- Building trust with others through repetitive songs and games.

PHYSICAL DEVELOPMENT children will engage in sensory circuits, parachute games which will develop coordination and working together. They will be developing their fine and gross motor skills through balancing, climbing, using a variety of tools for mark making and cutting. We will be encouraging independence and self-help skills.



self

help

skills

MATHS

- Daily counting songs and Number rhymes.
- One-to-one correspondence during snack.
- Explore quantity: more, all gone. Fill and empty containers.
- Posting activities. Sorting by colour.
- Matching identical objects. Matching photographs to objects.

LITERACY

- Shared sensory story sessions.
- Repeated stories every week with puppets, visuals, sensory baskets.
- Listen to and identify environmental sounds.
- Match real objects (objects of reference) to photographs.
- Explore family photographs, recognise own photograph and respond to their own name.
- Explore books independently and develop early page turning.
- Experience mark making using: shaving foam, paint, sand, foam, water

UNDERSTANDING THE WORLD Children will be learning about themselves and their family, learning to recognise familiar people and places. They will be investigating their five senses.

EXPRESSIVE ARTS AND DESIGN Children will create self-portraits, family pictures and hand and foot prints We will share and learn songs/rhymes including Makaton signs.

1. Hello song
2. Head, Shoulders, Knees and Toes
3. Wind the Bobbin Up
4. Tommy Thumb, One Finger One Thumb



Help at home



We hope that your child enjoys sharing books at home. We are going to be sending your child home with a book - this is for you to read to and with your child please. Please ensure that this book and diary is brought back to school each week and we will change it for a new book every **Wednesday**. Please take time to read the book with your child and talk about the story and characters. Every day you read with your child they will get a point towards their rainbow reader badge!

Dates for your diary

Thursday 3rd September - Return to school for the autumn term

Friday 23rd October - School closes at the end of the day for Half Term

Monday 2nd November- INSET day (school closed to pupils)

Tuesday 4th November - School reopens.

Monday 16th November - Odd Socks Day

Wednesday 2nd December - Christmas Fayre

Friday 18th December - School closes at the end of the day for Christmas holidays.

If you have any questions please come and see us or contact Miss Sivieri or Mrs Morgan

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