

SEND Newsletter Spring 1



We intend to produce a regular newsletter in order that parents and carers supporting children and young people with special educational needs and disabilities (SEND) are kept up to date with national and local policy and initiatives. We also want to signpost you to a range of services and information that may help you.

Our spotlight this half term is Autism



Autism is a lifelong developmental disability which affects how people communicate and interact with the world. More than one in 100 people are on the autism spectrum and there are around 700,000 autistic adults and children in the UK.

Find out more about autism by watching the film narrated by Alan Gardner, the Autistic gardener <https://youtu.be/Lk4qs8jGN4U>

Find further information and support at



The National Autistic Society website.



Barnardo's website

Friday 30th January is Parental Mental Health day



The day aims to get parents and carers to take a moment to reflect on the balance they have in their lives, as well as how they balance looking after their family's mental health and to take steps to make positive change and 'balance out'.



How to get involved in Parent Mental Health Day 2026

For more information and resources on Parent Mental Health Day and Balancing Out go to: <http://parentmentalhealthday.co.uk/>

Here are some useful websites to support our young people:

Nessy – a reading, spelling and grammar resource that is designed for children <https://www.nessy.com/en-gb>

Makaton.org – access to training and lots of free resources. <https://makaton.org>

Family lives – access to advice, support and resources to support families <https://www.familylives.org.uk>

We welcome any feedback about this newsletter and any items or topics that you would like to be included please contact either Mrs Morgan Assistant Headteacher/SENDCo or Mrs Armstrong Assistant SENDCo

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