



HAYES MEADOW PRIMARY SCHOOL

CURRICULUM STATEMENT

PE and Sport at Hayes Meadow

“Intelligence and skill can only function at the peak of their capacity when the body is healthy and strong” – John F. Kennedy, Former US President

At Hayes Meadow, we recognise the importance of PE and Sport in developing children’s moral, spiritual, social and cultural capital, as well as mental health and well-being. We aim for all children to make good progress across the PE curriculum and become confident in the water meeting the National Curriculum requirements of swimming 25m by the end of Year 5.

- Children are taught key knowledge and skills underpinned by the National Curriculum.
- Children enjoy PE lessons and work hard, demonstrating positive learning behaviours to achieve ‘the best we can be’.
- Quality First Teaching is evident through collaborative learning, modelling new skills and techniques, inclusivity for all pupils and explicit demonstration of metacognition techniques.
- Healthy and active lifestyles are promoted - Children are physically active and engage in activities that develop cardio vascular health, flexibility, muscular strength and endurance.
- Positive attitudes are developed – conventions of fair play and honesty are followed, and children cope with success and limitations in their performances.
- Rules of games are discussed and followed.
- Key vocabulary, skills or techniques are highlighted through discussion and demonstrations.