

# Early Years Digital Media & Online Safeguarding Charter

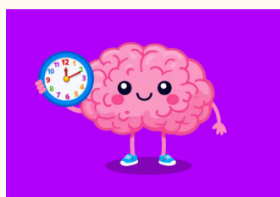


Our setting is committed to **keeping children safe when using digital media**, and we want to make sure that if we use digital media, it is always for the benefit of children's development. Therefore, we support the following principles.

1. In our setting, digital media will be used when there is a clear link to supporting child development. Any other use of digital media will be avoided.
2. Staff will be supported to understand about developmental digital media use. Technology use does not replace or interfere with adult or child interactions.
3. Staff will always support children when using digital media, to promote and scaffold learning.
4. Children under the age of 2 years do not use digital media.
5. Our setting has appropriate technical systems in place to keep children safe online, including broadband and device safety controls to limit access to unsuitable content.
6. Our setting has a robust online safeguarding policy which is reviewed annually to include local and national trends, and which highlights the setting's principles and approach to keeping children safe online.
7. Our setting has an explicit approach to limit children's passive consumption of online content.
8. All staff in our setting access regular safeguarding training which includes online safeguarding - learning about the risks of using devices and staff's responsibilities in keep children safe online.
9. Staff in our setting role model positive and balanced use of technology and there are behaviour policies in place to create clear boundaries for staff's use of technology.
10. Our setting has a proactive approach to supporting parents and carers with keeping children safe online when at home.



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## How much screen time should my child have?

Limit total screen time for young children, wherever possible.

- **Under 2 years:** Avoid screen time other than for shared activities with family that encourage bonding, interaction and conversation.
- **2-5 years:** Try to keep it to 1 hour a day. Less if possible.

